President’s Corner

By Lioness Carol Lee, LOW Lioness President

As I sit here writing this message to you, I have on jeans and a sweatshirt and am freezing. It is the end of April, for heaven’s sake! When are we going to have Spring???

At our March meeting the new slate of officers for 2013-14 was presented and approved. At our May meeting, we will formally approve the slate of officers. As a reminder, the board that was announced at the March meeting is as follows: President, Beth Sundberg; 1st Vice President, Karen Cakouros; 2nd Vice President, Ann Walker; 3rd Vice President, Karin Goetz; Secretary, Donalda Lovelace; Treasurers, Lucy Churchill and Elaine Freeland; Tammers, Roselynn Edwards and Jean Priest; Tail Twister, Joan King; Membership Director, Linda Ogletree and Co-Director, Kathi Martin; Directors, Pat Berry, Connie LeMay and Maureen Otero; Past President, Carol Lee; and Lions Liaison, Phyllis Taylor.

We will have a busy month in May with the Flea Market. It will be on Saturday, May 18, with setup on Friday, May 17, beginning at 4 p.m. There will be plenty to do so help out wherever you can. And don’t forget to show off your baking ability for the Bake Sale (or make a donation if you are not able to bake for any reason). This is a very important part of our Flea Market. Also don’t forget to clean out your closets and get your White Elephant Sale items together. Invite your friends and let’s make this a very successful event.

A big “thank you” to all who worked at the White Cane Days. It was very successful. Ann Walker will let us all know the final results at our May meeting. We had a wonderful participation from our club and I am so very proud of all of you. Great job, ladies!

Don’t forget to look at our new website. Many thanks to Chris Wyant for all her work in getting this set up for us. Also thanks to Gail Hardin for putting our back issues of the LOW-DOWN on the site and to Karen Cakouros, Mary Lou McFarland and Sue Bielmeier for volunteering to help with the maintenance. You all have done a great service for our club.

That’s it for this month. I hope to see all of you at our meeting in May.

WHAT DO I BRING CHECKLIST?

Wilderness Food Pantry—At least 2 food items in a reusable bag or double plastic bag. If you have extra plastic bags at home and can double bag some, that would be great. It saves the workers time when they are helping the clients.

Orange Free Clinic—The clinic has a need for donation of toilet paper and paper towels. Zoila Ortega will collect them at the back table.
Those in attendance were Mary Altman, Ellen Bearden, Pat Berry, Karen Cakouros, Connie Lemay, Maureen Ortero, Jean Priest, Michelle Senft, Beth Sundberg, Phyllis Taylor, Chris Wyant. Pat Phillipo also attended.

The Minutes of the March 28, 2013 meeting, which were previously distributed, were accepted.

The Treasurer's Report, given by Pat Berry, was accepted and filed for audit.

- Following a discussion regarding stationery printing, motion by Jean Priest to purchase peel and stick return address labels was seconded and passed.

President's Report: Beth Sundberg for Carol Lee

- Thank you notes from the Orange County Animal Shelter and the American Diabetes Association for our donations of $200 each were shared.
- Judi O'Neill is no longer on MAL status.

OFFICER'S REPORTS

First Vice President's Report: Beth Sundberg

- Ads for the upcoming flea market on May 18th will be in the Lake Currents as well as other area publications.
- A search is underway for the signs used for the flea market last year. Members are asked to contact Beth with any information.
- Lioness Claudia Low is constructing a queen size quilt to be raffled, with proceeds going to the Food Pantry. Connie LeMay will sell tickets at the first Lion meeting in May. Tickets will also be sold at the Lioness meeting in May and at the flea market. The drawing will occur at the flea market. Motion by Karen Cakouros to charge $5 per ticket or 3 for $10 was seconded and passed. Michelle Senft and Maureen Otero will chair the ticket sales at the Lioness meeting and the flea market. Because the quilt will not be completed until the flea market event, pictures of its progress will be shared at the Lion and Lioness meetings.

Third Vice President's Report: Karen Cakouros:

- Lioness participation in the LOW July 4th parade and celebration was discussed. Citing low turnout in recent years due to weather conditions, it was decided to limit the participation to cars driven in the parade with Lioness signs and a table on the point where brochures describing Lioness activities will be distributed.

Membership: Michelle Senft

- An induction ceremony will be held in May. Those being inducted are Julie Phend sponsored by Jean Ann Daniels, Jean Peterson sponsored by Ann Walker, and Sherry Standley sponsored by Carol Stanley.

MORE
Lion's Liaison: Phyllis Taylor

- The Lions have developed a list of possible fund raising activities. This list is shared with the Lioness and can be seen on the Lion's website.

Immediate Past President: Zoila Ortega

- Zoila could not attend the meeting but sent a report that Dr. David Sam, President of Germanna Community College, will attend the Lioness May meeting which will honor the Scholarship recipients.

Adjournment

There being no further business, the meeting was adjourned at 8:12 PM.

**Bake Sale at the Flea Market — Goal 100% Participation**

By Lioness Kathi Martin

A tradition with LOW Lioness is our bake sale, held twice a year. These events contribute a lot to our benevolence fund. We did nicely at the Christmas Bake Sale, and now we're gearing up for the Flea Market on Saturday, May 18.

We're looking for all kinds of HOMEMADE goods, ranging from cakes through cookies, breads, candies and snacks. BUT since we understand that a some of our members "don't do" bake sales, or might be out of town, we ask that those members donate the cost of what they would pay to bake a goody, usually about $10.00. This is one way we can ALL SERVE, which, after all, is the purpose of the whole thing!

Bring your donation (goodies or $$) to the Middle School Friday, May 17 between 6-7 p.m., or to the sale on the morning of the Flea Market, or call Kathi Martin (5242) or Norma Ervin (0652) to arrange for pick-up or delivery.

Sign-up sheets will be on the tables at the May meeting. Come on, Ladies, let's have 100% and SERVE!

**White Elephant Sale**

By Lioness Carol Greeney

If you haven't cleaned out those closets, drawers, basements and attics yet, now is the time. We need those slightly used items for the White Elephant table at the Flea Market on May 18. Decorative pieces, linens, games, lamps, pictures and working electronic small appliances are the best sellers. Please no clothes, although purses, scarves and jewelry are welcome. We say it each year, but it is true--"your trash can be someone else's treasure". The more we have to sell, the more we make for our Benevolence Fund!

Items should be dropped off at the Locust Grove Middle School between 4-7 P.M. on Friday, May 17. If this does not work for you, please call Carol Greeney at 972-6739 to make other arrangements.
Share and Care  

We welcome back to our club Judi O’Neill, who took a leave of absence to care for her husband, who suffers from Alzheimer's. He is now in a memory care unit at a nursing facility and Judi visits him everyday.  

Lioness Barbara York is recovering after suffering a compound fracture of the arm. Her mobility is very limited, but she says she is feeling much better.  

Val Protiva was hospitalized in North Carolina and underwent laparoscopic surgery on April 25. As of this writing (April 26), her recovery is going well and she should be home soon.  

George Hernan, husband of Lioness Barbara Hernan, is receiving radiation treatments once again, and we wish him well.

If you know of a Lioness or her spouse who would appreciate a card from our club, please let me know: 972-4338.

New Lioness Web Site  

The Web Site Committee would like to invite you to check out the new Lioness web site at www.lowlioness.org Designed by LOW resident, Kerry Sipe, it is easy to navigate and contains Yearly Calendar, Low Down Newsletters, and Photos.

In order to keep the site current and fresh, you are encouraged to submit items of interest to any one of the following committee members. We are especially looking for digital photos taken at Lioness events. Chris Wyant, Pat Berry, Karen Cakouros, Su Bielmeier

Induction of New Members  

The following new members will be inducted at the May dinner meeting.

Julie Phend  
107 Jefferson Ave.  
Phone: 540-412-9952  
E-mail: julie.phend@gmail.com  
Birthday: July 9  
Husband: Jack  
Sponsor: Jean Ann Daniels

Sherry Standley  
521 Mt. Pleasant Drive  
Phone: 540-972-4318  
E-mail: sstandley35@gmail.com  
Birthday: December 1  
Sponsor: Carol Stanley
From the Tamers
By Lionesses Jean Priest and Karen Cakouros

The Lake of the Woods Lioness Club May 9th dinner meeting will be held at the Clubhouse with a 5:45 p.m. social gathering followed by dinner at 6:30 p.m. If you are unable to attend this meeting, need a special meal, or are bringing a guest, please call Karen Cakouros at 540-972-9043 (karencak@verizon.net) by Monday, May 6th. No shows and those calling after the deadline will be billed for dinner. Dinner is $17.00. It is requested, for accounting purposes, that dinner is paid for by check.

The dinner will be a buffet.

Twister’s Corner
By Lioness Norma Ervin

The month of May brings our beautiful Flowers and foliage for a new Spring. Be sure to wear a flowery frock or hat. Questions regarding flowers will need Your thoughtful answers. Remember your nametags.

The greeters this month are:
Beth Sundberg
Melissa Daley

Dinner
Garden Salad
Ham with Raisin Sauce
Scalloped Potatoes
Mixed Vegetables
Key Lime Pie
Coffee or Tea

LOW Lioness
2012-13 Calendar

May 9  Lioness Dinner Meeting
May 18 Lioness Flea Market & Bake Sale
May 23 Lioness BOD Meeting
May 25 Lioness Book Sale

Happy Birthday Lionesses!

May 1  Zoila Ortega  May 12  Rani Manhard
May 3  Janey Beebe  May 16  Margaret Findell
May 4  Marion Dumais  May 18  Linda Ogletree
May 8  Val Protiva  May 20  Marue Biggs
May 9  Janet Berge  May 27  Claudia Low
May 9  Judi O’Neill  May 28  Joann Deem
May 10  Christine Getty
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<th>From the Editor</th>
<th>Handbook Corrections</th>
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| By Lioness Gail Hardin  
Editor, Lioness LOW DOWN | Please forward any additions, changes, or corrections to your Handbook to the Editor (see contact information to the left of this column.) |

The deadline for submission of newsletters articles for the June LOW DOWN is May 20. Please forward them either by email, or mail to Gail Hardin, (contact information below). For more information, call Gail.

| Address: 1002 Confederate Drive  
Email: gail_hardin@yahoo.com  
Phone: (540) 972-5698 | New Email address:  
Mary Villalobos has a new email address: MCV8216@yahoo.com |

| New Members:  
See pg. 4 | |

The Lake of the Woods Lioness LOW DOWN is published monthly by the Lake of the Woods Lioness Club, P.O. Box 811, Locust Grove, VA 22508, Gail Hardin, Editor.