

# LAKE OF THE WOODS LIONESS

## LOW DOWN



Volume 27, Number 4—October 2011

### President's Corner

By Lioness Zoila Ortega, LOW Lioness President

*"Keep your fears to yourself, but share your courage with others."*

*Robert Louis Stevenson*



The cold has started. This is always somewhat scary. It is fear of the unknown mostly. How much snow will fall? How cold will it get? How slippery will it be? How many days will we be home-bound due to inclement weather? All are questions associated with the season and climate uncertainty. So, how do we face these fears and share our courage in light of them?

We enjoy the fresh, cold air of a wintery day. We marvel at beautiful falling snow. We rejoice at the sight and sound of a crackling fire. We drink hot toddies, spend time indoors with friends and family and make plans for

Halloween, Thanksgiving, Christmas and the coming New Year.

This year as usual there will be "Trick –or-Treat" for the children at the LOW Clubhouse point. The Lioness Club will be there distributing candy and enjoying all the wonderful costumes.

And throughout the year, in ever so many activities and events, Lioness Members will be there participating and sharing. Proof that we take to heart what Robert Louis Stevenson espoused when he wrote about keeping our fears to ourselves, and sharing our courage with others.

### Agenda

Lake of the Woods Lioness Club  
October 13, 2011

Pledge of Allegiance  
Invocation by Phyllis Jones  
Introduction of Guests

Dinner

**Program:** District Governor Visit and Halloween Costume Party

Announcements and Committee Reports  
Announcement of Birthdays  
50/50 Raffle  
Food Bank Raffle  
Adjournment

### WHAT DO I BRING CHECKLIST?

Wilderness Pantry—At least 2 food items in a reusable bag or double plastic bag

Sheltering Arms—See pg. 4

**Lake of the Woods Lioness Club**  
Post Office Box 811  
Locust Grove, VA 22508

Meetings are held at the LOW Club House on the 2nd Thursday of each month. Social hour at 5:45 p.m.

**2011-2012 Board of Directors**

**President**  
**Zoila Ortega**  
**1010 Lakeview Parkway**  
**Locust Grove, VA 22508**  
**(540) 972-3040**

**Secretary**  
**Ann Walker**  
**1224 Eastover Parkway**  
**Locust Grove, VA 22508**  
**(540) 972-4338**

**Treasurers**  
**Patricia Berry and Emily Slunt**

**1st Vice President**  
**Carol Lee**

**2nd Vice President**  
**Beth Sundberg**

**3rd Vice President**  
**Christine Wyant**

**Lioness TAMERS**  
**Carol Greeney and Janice Wright**

**Tail Twister**  
**Nora Simpson**

**Membership Director**  
**Michelle Senft**

**Directors**  
**Mary Altman**  
**Maureen Otero**  
**Barbara York**

**Past President**  
**Marge Howard**

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**Lion Liaison**  
**Mary Dee**

**The Insider's View**

**Minutes from the**  
**September 22, 2011**  
**Lioness BOD Meeting**

Attending were Lioness board members Mary Altman, Pat Berry, Carol Greeney, Carol Lee, Zoila Ortega, Maureen Otero, Michelle Senft, Nora Simpson, Emily Slunt, Beth Sundberg, Christine Wyant, Barbara York and guest, Connie Buttmer.

Minutes from the July 28, 2011, meeting had been previously distributed, and the board accepted them as written.

The Treasurer's report was accepted and filed for audit. The budgeted funds for the Lake Youth Foundation and Fishing Tournament will be dispersed at this time. Dues have been collected from all but four individuals and they have been reminded.

**Youth Outreach – Connie Buttmer**

- Pre-School Scholarship Program was described and funds requested to sponsor one child for a year of early childhood education at the Community Center Co-op program. The request will be sent in writing and considered for next year's budget.
- Halloween Treats on the Point will be held again this year.
- The board was informed of a new program to be sponsored by the Lake Youth Foundation; "You've Been Boo-ed". This is an activity program designed for community fun.

**President's Report – Zoila Ortega**

- Correspondence included the resignation of Helen Jo Cates, Bobbie Griggs and Toni Ruther which were accepted with regret; a thank you note from Skip and Joy Poole for the opportunity to make the LOW Lioness cruise possible; letter of thanks and certificate of appreciation from Leader Dogs for our contribution in 2010-2011.
- Zoila was invited to attend the September Lions Meeting. She was warmly received and acknowledged as the Lioness President and given a gift of lapel pins.
- A proposal from the Lions Club that we join with them to co-sponsor future cruises was considered; it was decided that the board will take this under advisement until such time as we are able to determine the success of our current fund-raising effort in this regard.
- The Orange Free Clinic has hired a nurse practitioner and expanded hours; now open Mon.-Fri. in their new location in Orange. The Clinic has received funding from the Virginia Health Care Foundation and is seeing approximately 2000 clients each month, many from LOW.
- District Governor, Pat Isaac will be present for the October meeting and will be the speaker for the evening. The board has been asked.

MORE see pg. 3

to stay after the dinner to meet with the District Governor. Nora Simpson will include a small arrangement of flowers for the head table when she purchases birthday flowers. Members are encouraged to come in costume for Halloween.

#### First Vice President's Report – Carol Lee

- Current fund raising efforts for Benevolence include the ongoing sign-up for the cruise, the card party/fashion show and the book/bake sale. We also have raffle tickets to sell for the Lions of VA. The raffle will be held in May 2012 and we will sell tickets at Lioness meetings and at the book/bake sale.

#### Second Vice President's Report – Beth Sundberg

- Neo-Natal Cap Program has been inactive for the past several months and discussion focused on the continuance of this outreach activity. Maureen Otero and Carol Greeney have continued to make caps and it was decided to explore the need in the community and interest among the membership. Maureen Otero agreed to chair the initiative to determine future participation.

#### Third Vice President's Report – Christine Wyant

- The Clubhouse Committee has proposed that the current bar in the Clubhouse be relocated to the President's Room. This proposal will be presented to the Planning Committee at a hearing scheduled for September 26<sup>th</sup> at 6 p.m. Board members are encouraged to attend.

#### Tamer's Report – Carol Greeney

- Plan for mixers was discussed and it was agreed that the Directors will assist with dinner meetings designated as mixers.

#### Tail Twister's Report – Nora Simpson

- A mixer is planned for the December, March and May meetings.

#### Membership Director's Report – Michelle Senft

- Applications have been distributed to potential new members.

#### Directors' Report

- The directors agreed to the additional responsibilities of planning mixers for dinner meetings.

#### New Business

- The topic of dinner programs was discussed and the desire to have variety in programming. Upcoming programs include magnetic therapy, a focus on diabetes with "How Sweet It Is" and one on hearing with "Can You Hear Me Now".
- The Gift Card Program could be extended to other clubs in the community and Zoila asked the Board to think about this possibility and it will be discussed at the next Board meeting.

There being no further business to come before the LOW Lioness Board at this time, the meeting was adjourned.

# Lioness Committees & Activities

## Sheltering Arms

By Lioness Norma Ervin

The staff at the homeless shelter in the town of Orange were very pleased with the school supplies I delivered in August. There were 15 children living there at that time and 9 were school age. They have requested paper bowls and plastic spoons for the breakfast cereal served during the week. A hot breakfast is served on the weekend. Any type of paper product or cleaning supplies are welcomed. If you chose to donate a check this month it should be to Sheltering Arms and write Lioness in the memo line.

THANK YOU AGAIN FOR LIVING OUR MOTTO: WE SERVE

## Share and Care

By Lioness Jean Stutz

Lioness Virginia Bayer is still recovering from a fall which required hip surgery. She is convalescing at Dogwood Rehab Center in Orange. All cards or visits would go a long way in making her stay seem brighter.

## Gift Cards

By Lioness Zoila Ortega

The Holidays will soon be here  
Order your gift cards NOW !!!

## White House Christmas Ornaments

By Lioness Gail Hardin

The Lioness Club will be selling the 2011 White House Christmas Ornament for \$18 each. This is a great ornament to place on your tree or to give as a special gift. Orders will be taken until November 6, and there will be sign-up sheets at the October Lioness dinner meetings. You can also call Gail Hardin (972-5698) to place orders. Proceeds will go to the benevolence fund.

HALLOWEEN COSTUME CONTEST AT THIS MONTH'S LIONESS DINNER MEETING

COME DRESSED IN YOUR BEST COSTUME

## **From the Tamers**

By Lionesses Carol Greeney and Janice Wright

The Lake of the Woods Lioness Club October 13 meeting will be held at the Clubhouse with a 5:45 P.M. social gathering followed by dinner at 6:30 P.M. If you are unable to attend this meeting, are bringing a guest or need a special meal, please call Carol Greeney at 972-6739 by Sunday, October 9. Please note that this is a set meal, therefore if you have any special needs, you must let Carol know by the 9<sup>th</sup>. Also, please remember that "no shows" (members who do not attend and have not called to cancel) and those calling after the deadline will be billed for the dinner.

Dinner is \$16.00 and will be a buffet.

### **October Dinner**

Plated Salad  
Bread Bowl with Two  
Filling Choices  
Cheesecake with Fruit  
Topping  
Coffee, Hot or Iced Tea

## **Twister's Corner**

By Lioness Nora Simpson

ALL HALLOWS EVE (Halloween)  
The eve of All Saints Day celebrated  
by "children" who go in costume  
from door to door begging treats  
or playing tricks.

The Twister's treat is: No fines!  
The Twister's prank is: Beg for  
quarters since there are no fines!

Greeters for October dinner meeting

Betty Girman  
Kathy Walters

A little bit of reckless abandon is a  
good thing!

## **LOW Lioness 2011 Calendar**

October 8 Fall Book Sale  
October 13 Lioness Dinner Meeting  
October 27 Lioness BOD Meeting  
November 4-5 Lions Fall Conference—Staunton  
December 10 Child Help Holiday Program  
December 21 Child Help Gift Wrapping

**Happy Birthday  
Lionesses!**

|            |                   |            |                 |
|------------|-------------------|------------|-----------------|
| October 1  | Martha Grandy     | October 23 | Kathy Merritt   |
| October 4  | Janet Buccola     | October 23 | Pat See         |
| October 10 | Sharon Kaltenmark | October 29 | Ellen Ambroziak |
| October 15 | Sharon Allen      | October 31 | Marti Martin    |
| October 15 | Diane Ogranovitch |            |                 |

**From the Editor**

By Lioness Gail Hardin  
Editor, Lioness LOW DOWN

The deadline for submission of newsletters articles for the November LOW DOWN is due October 20. Please forward them either by email, or mail to Gail Hardin, (contact information below). For more information, call Gail.

Address: 1002 Confederate Drive  
Email: gail\_hardin@yahoo.com  
Phone: (540) 972-5698

**Handbook Corrections**

Please forward any additions, changes, or corrections to your Handbook to the Editor (see contact information to the left of this column.)

**Resignations:**

Helen Jo Cates  
Bobbie Griggs  
Toni Ruther

**Change of e-mail address:**

Carol Stanley—stmr327@comcast.net

The Lake of the Woods Lioness LOW DOWN is published monthly by the Lake of the Woods Lioness Club, P.O. Box 811, Locust Grove, VA 22508, Gail Hardin, Editor.

Lake of the Woods Lioness

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